

TOPS

The Oak Park Swimmers



**TOPS vs BR Ryall Dual Meet
September 26, 2009
Oak Park-River Forest High School**

Time	<p>Session #1: 10 & unders Warm-up at 8:00am Meet Starts at 8:30am</p> <p>Session #2: 11 & older Warm-up: 10:30 AM Meet Begins: 11 AM</p>
FACILITY	<p>Oak Park River Forest High School 201 N Scoville Ave, Oak Park, IL 60302</p> <p>The pool entrance is at the south-east corner of the building. Parking is available in the public garage just south of the pool entrance. Limited, restricted parking is also available on the streets surrounding the school. Please be aware that the Village of Oak Park strictly enforces parking regulations.</p>
FACILITY	<p>A six-lane, 25 yard pool with permanently affixed starting blocks at the deep end, non-turbulent competitor lane lines, and an automatic Daktronics timing system with touch pads.</p>
ENTRIES	<p>Individuals are limited to three individual events, and one relay.</p> <p>Entries are due by Wednesday, September 23, 2009</p> <p>Email Entries to: emeyer@westcookymca.org</p>
POSITIVE CHECK-IN	<p>Positive check in will close 10 minutes after warm-ups begin. Late check-ins will be able to swim only if there are open lanes in slower heats.</p>

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GIRLS	Session #1	BOYS
Event #		Event #
1	10 & Under 100 Yard IM	2
3	8 & Under 100 Yard Free Relay	4
5	9-10 200 Yard Free Relay	6
7	8 & Under 25 Freestyle	8
9	9-10 50 Yard Freestyle	10
11	8 & Under 25 Butterfly	12
13	9-10 50 Yard Butterfly	14
15	8 & Under 50 Yard Freestyle	16
17	9-10 100 Yard Freestyle	18
19	8 & Under 25 Yard Backstroke	20
21	9-10 50 Yard Backstroke	22
23	8 & Under 25 Breaststroke	24
25	9-10 50 Yard Breaststroke	26

GIRLS	Session #2	BOYS
Event #		Event #
27	11-12 200 Yard Freestyle	28
29	13 & Over 200 Yard Freestyle	30
31	11-12 200 Yard Free Relay	32
33	13 & Over 200 Free Relay	34
35	11-12 100 Yard IM	36
37	13 & Over 200 Yard IM	38
39	11-12 50 Yard Freestyle	40
41	13 & Over 50 Yard Freestyle	42
43	11-12 50 Yard Butterfly	44
45	13 & Over 100 Yard Butterfly	46
47	11-12 100 Yard Freestyle	48
49	13 & Over 100 Yard Freestyle	50
51	11-12 50 Yard Backstroke	52
53	13 & Over 100 Yard Backstroke	54
55	11-12 50 Yard Breaststroke	56
	13 & Over 100 Yard Breaststroke	